



Ice cream

Nutritional information - Ice cream

| Sl.No | Product Name | Serving Size (g) | Calories (kCal) | Total Fat (g) | Saturated Fat (g) | TransFat (g) | Cholestrol (mg) | Sodium (mg) | Carbohydrate(g) | TotalSugar (g) | Added Sugar (g) | Protein (g) | Calcium (mg) | Potassium (mg) |
|-------------------|--------------------------------|------------------|-----------------|---------------|-------------------|--------------|-----------------|-------------|-----------------|----------------|-----------------|-------------|--------------|----------------|
| Serving Size: 90g | | | | | | | | | | | | | | |
| 1 | Mango Kingdom | 90 | 170 | 10 | 5 | 0.33 | 30 | 45 | 21 | 21 | 14 | 3 | 112 | 145 |
| 2 | Bean Vanilla | 90 | 200 | 12 | 7 | 0.47 | 45 | 35 | 18 | 18 | 12 | 4 | 156 | 205 |
| 3 | Fresh Strawberry | 90 | 190 | 10 | 6 | 0.37 | 35 | 50 | 22 | 22 | 16 | 3 | 124 | 160 |
| 4 | Low Fat No Added Sugar Vanilla | 90 | 100 | 1.5 | 1 | 0.05 | 5 | 65 | 24 | 24 | 0 | 4 | 156 | 25 |
| 5 | Belgian Chocoholic | 90 | 210 | 12 | 7 | 0.44 | 40 | 60 | 22 | 22 | 14 | 4 | 144 | 190 |
| 6 | Butter Scotch Bliss | 90 | 220 | 13 | 7 | 0.42 | 40 | 55 | 23 | 23 | 16 | 4 | 139 | 185 |
| 7 | Electric Black Currant | 90 | 200 | 12 | 7 | 0.45 | 45 | 60 | 21 | 21 | 14 | 4 | 152 | 195 |
| 8 | Lychee Valley | 90 | 180 | 10 | 6 | 0.38 | 35 | 50 | 19 | 19 | 9 | 3 | 127 | 170 |
| 9 | Italian Wonder | 90 | 210 | 12 | 7 | 0.4 | 40 | 55 | 21 | 21 | 12 | 4 | 134 | 175 |
| 10 | Dark Chocolate Secrets | 90 | 230 | 13 | 6 | 0.4 | 40 | 55 | 25 | 25 | 17 | 4 | 137 | 175 |
| 11 | Maha Raj Bhog | 90 | 220 | 14 | 7 | 0.44 | 40 | 60 | 19 | 19 | 11 | 5 | 146 | 195 |
| 12 | Fig 'N' Honey | 90 | 190 | 11 | 6 | 0.42 | 40 | 60 | 20 | 20 | 10 | 4 | 142 | 185 |
| 13 | Fruit Bonanza | 90 | 200 | 11 | 6 | 0.4 | 40 | 55 | 22 | 22 | 14 | 4 | 136 | 175 |
| 14 | Almond Crunch | 90 | 230 | 13 | 6 | 0.4 | 40 | 55 | 24 | 24 | 11 | 4 | 133 | 175 |
| 15 | Cream 'N' Cookies | 90 | 210 | 11 | 7 | 0.43 | 40 | 60 | 23 | 23 | 15 | 4 | 143 | 190 |
| 16 | Vanilla Choco Chips | 90 | 220 | 13 | 7 | 0.42 | 40 | 60 | 22 | 22 | 15 | 4 | 142 | 185 |
| 17 | Caribbean Almond Fudge | 90 | 220 | 14 | 7 | 0.44 | 40 | 60 | 19 | 19 | 11 | 5 | 145 | 190 |
| 18 | Californian Pistachio | 90 | 220 | 14 | 7 | 0.44 | 40 | 60 | 19 | 19 | 11 | 5 | 145 | 190 |
| 19 | Swiss Chocolate | 90 | 240 | 14 | 8 | 0.39 | 40 | 55 | 23 | 23 | 14 | 6 | 129 | 210 |
| 20 | White Chocolate | 90 | 270 | 17 | 7 | 0.38 | 35 | 45 | 24 | 24 | 17 | 4 | 112 | 170 |
| 21 | Strawberry Cheese Cake | 90 | 190 | 10 | 5 | 0.35 | 35 | 55 | 24 | 24 | 15 | 3 | 109 | 150 |
| 22 | Musk Melon | 90 | 190 | 11 | 7 | 0.43 | 40 | 55 | 20 | 20 | 13 | 4 | 132 | 200 |
| 23 | Mascarpone Balsamic Fig | 90 | 200 | 11 | 7 | 0.44 | 40 | 55 | 21 | 20 | 12 | 4 | 138 | 190 |
| 24 | Mocha cookie Fudge | 90 | 220 | 11 | 6 | 0.39 | 35 | 50 | 26 | 26 | 15 | 4 | 117 | 170 |
| 25 | Red Velvet | 90 | 200 | 12 | 6 | 0.41 | 40 | 50 | 20 | 20 | 12 | 4 | 126 | 180 |
| 26 | White Choco Raspberry Swirl | 90 | 240 | 15 | 8 | 0.36 | 40 | 55 | 23 | 23 | 17 | 4 | 137 | 200 |
| 27 | Blackberry Violet | 90 | 200 | 11 | 7 | 0 | 40 | 55 | 20 | 20 | 13 | 4 | 130 | 190 |
| 28 | Vanilla elderflower | 90 | 190 | 12 | 7 | 0.4 | 45 | 60 | 18 | 18 | 11 | 4 | 143 | 170 |
| 29 | hazelnut choco truffle | 90 | 220 | 12.5 | 7 | 0.41 | 38 | 55 | 23 | 23 | 14 | 4 | 123 | 180 |
| 30 | apple pie cinnamon | 90 | 205 | 11 | 7 | 0.4 | 40 | 55 | 23 | 23 | 14 | 4 | 131 | 190 |
| 31 | Cotton candyland | 90 | 190 | 12 | 7 | 0.4 | 45 | 60 | 18 | 18 | 11 | 4 | 143 | 170 |
| 32 | tropical jackfruit | 90 | 200 | 10 | 6 | 0.37 | 35 | 50 | 25 | 25 | 16 | 3 | 129 | 160 |
| 33 | macha tea exotica | 90 | 210 | 10 | 7 | 0 | 40 | 50 | 25 | 25 | 14 | 4 | 128 | 180 |
| 34 | chocolate overload | 90 | 230 | 14 | 7 | 0.45 | 40 | 50 | 23 | 23 | 14 | 5 | 115 | 160 |
| 35 | coffee and cream | 90 | 206 | 9.9 | 6 | 0.4 | 37.6 | 73.5 | 24.9 | 24.9 | 11.3 | 4.5 | 115 | 160 |
| 36 | blueberry cheesecake | 90 | 190 | 10 | 7 | 0.41 | 40 | 53 | 19 | 19 | 12 | 4 | 182 | 190 |
| 37 | blackforest | 90 | 240 | 13 | 8 | 0 | 36 | 48 | 25 | 25 | 16 | 5 | 117 | 170 |

Allergen advice - ice cream

| Sl.No | Product Name | Eggs | Tree nuts | Soy | Wheat Gluten | Peanuts |
|-------|--------------------------------|------|-----------|-----|--------------|---------|
| 1 | Bean Vanilla | | | | | |
| 2 | Belgian Chocoholic | | | | | |
| 3 | Butter Scotch Bliss | | X | | | |
| 4 | Californian Pistachio | | X | X | | |
| 5 | Caribbean Almond Fudge | | X | | | |
| 6 | Cream 'N' Cookies | | | X | X | |
| 7 | Dark Chocolate Secrets | | | X | | |
| 8 | Electric Black Currant | | | | | |
| 9 | Fig 'N' Honey | | | | | |
| 10 | Fresh Strawberry | | | | | |
| 11 | Fruit Bonanza | | X | | | |
| 12 | Strawberry Cheese Cake | | | X | | |
| 13 | Italian Wonder | | X | | | |
| 14 | Jill 'N' Jack Fruit | | | | | |
| 15 | Lichi Valley | | | | | |
| 16 | Low Fat No Added Sugar Vanilla | | | | | |
| 17 | Maha Raj Bhog | | X | | | |
| 18 | Mango Kingdom | | | | | |
| 19 | Swiss Chocolate | | X | | X | |
| 20 | Vanilla choco chips | | | X | | |
| 21 | White chocolate | | | X | | |
| 22 | Red Velvet | | | X | X | |
| 23 | Mocha Cookie Fudge | | | X | X | |
| 24 | White Choco Raspberry | | | X | | |
| 25 | Musk Melon | | | | | |
| 26 | Balsamic Fig Mascarpone | | | | | |
| 27 | Blueberry Cheese Cake | | | | X | |
| 28 | Vanilla elderflower | | | | | |
| 29 | Blackberry | | | | | |
| 30 | Apple Cinnamon | | | | | |
| 31 | Black forest | | | | X | |
| 32 | chocolate overload | | X | X | X | |
| 33 | Cotton candy | | | | | |
| 34 | Hazlenut Choco Truffle | | X | X | | |
| 35 | Matcha | | X | | | |
| 36 | Almond Crunch | | X | | | |
| 37 | Coffee & Cream | | | | | |

* 'X' indicates the items contains allergen

Ice cream cakes

Nutritional information - ice cream cakes

| Sl.No | Product Name | Serving Size (g) | Calories (kCal) | Total Fat (g) | Saturated Fat (g) | TransFat (g) | Cholestrol (mg) | Sodium (mg) | Carbohydrate(g) | TotalSugar (g) | Added Sugar (g) | Protein (g) | Calcium (mg) | Potassium (mg) |
|-------------------|--------------------------------|------------------|-----------------|---------------|-------------------|--------------|-----------------|-------------|-----------------|----------------|-----------------|-------------|--------------|----------------|
| Serving Size: 90g | | | | | | | | | | | | | | |
| 1 | Strawberry Red Velvet Grande | 125 | 309 | 14.7 | 9.7 | 0.6 | 32.7 | 82 | 39.6 | 38.8 | 21 | 4.5 | 0 | 0 |
| 2 | Mango Italian Fiesta | 125 | 336 | 16.3 | 10.6 | 0.29 | 25 | 63 | 40.8 | 39.4 | 20.8 | 6.5 | 0 | 0 |
| 3 | Fruit And Blackcurrant Drizzle | 125 | 413 | 22.9 | 12.9 | 0.3 | 33.2 | 75.9 | 43.9 | 42.8 | 25 | 7.8 | 0 | 0 |
| 4 | Caribbean Cookie Castle | 125 | 360 | 20 | 8 | 0.35 | 35 | 130 | 41 | 41 | 26 | 5 | 0 | 0 |
| 5 | Swiss Choco Symphony | 125 | 498 | 28.2 | 19 | 0.3 | 31.4 | 149.2 | 52.7 | 51.7 | 37.8 | 8.3 | 0 | 0 |
| 6 | Berry Vanilla Wonder | 125 | 380 | 15 | 9 | 0.35 | 30 | 55 | 55 | 55 | 40 | 5 | 0 | 0 |
| 7 | Blackforest | 125 | 450 | 21.6 | 14 | 0.28 | 25.4 | 138.3 | 55.9 | 53.1 | 36.7 | 8 | 0 | 0 |
| 8 | Blackcurrant Rich Cream | 125 | 280 | 11 | 7.7 | 0.3 | 31.7 | 64.6 | 40.5 | 39.5 | 16 | 4.8 | 0 | 0 |
| 9 | Dessert Royale | 125 | 360 | 20 | 13 | 0.2 | 20 | 50 | 38 | 37 | 23 | 7 | 0 | 0 |
| 10 | Raspberry Treasure | 125 | 330 | 16 | 12 | 0.2 | 15 | 50 | 42 | 41 | 32 | 5 | 0 | 0 |
| 11 | Chocolate Overload | 125 | 482 | 28.6 | 14.9 | 0.3 | 32.5 | 173 | 47.4 | 44.1 | 31.7 | 8.7 | 0 | 0 |
| 12 | Mango Kingdom Gala | 125 | 294 | 15.2 | 9.9 | 0.2 | 23.3 | 43.7 | 33.7 | 32.3 | 19.9 | 5.5 | 0 | 0 |
| 13 | Dark Chocolate Secrets | 125 | 360 | 20.3 | 12 | 0.3 | 28.9 | 116.9 | 37.9 | 36.3 | 26 | 6.5 | 0 | 0 |

Allergen advice - Ice cream cakes

| | | Eggs | Tree nuts | Soy | Wheat Gluten | Peanuts |
|----|--------------------------------|------|-----------|-----|--------------|---------|
| 1 | Strawberry Red Velvet Grande | | | X | X | |
| 2 | Mango Italian Fiesta | | X | | X | |
| 3 | Fruit And Blackcurrant Drizzle | | X | X | X | |
| 4 | Caribbean Cookie Castle | | X | X | X | |
| 5 | Swiss Choco Symphony | | X | X | X | |
| 6 | Berry Vanilla Wonder | | | | X | |
| 7 | Blackforest | | | X | X | |
| 8 | Blackcurrant Rich Cream | | | X | X | |
| 9 | Dessert Royale | | | X | X | |
| 10 | Raspberry Treasure | | | X | X | |
| 11 | Chocolate Overload | | X | X | X | |
| 12 | Mango Kingdom Gala | | X | X | X | |
| 13 | Dark Chocolate Secrets | | X | X | X | |

* 'X' indicates the items contains allergen

Chocolates

Nutritional information - Chocolates

| Sl.no | Chocolate | Serving Size (g) | Calories (kCal) | Total Fat (g) | Saturated Fat (g) | TransFat (g) | Cholestrol (mg) | Sodium (mg) | Carbohydrate(g) | TotalSugar (g) | Added Sugar (g) | Protein (g) | Calcium (mg) | Potassium (mg) |
|-------|------------------------|------------------|-----------------|---------------|-------------------|--------------|-----------------|-------------|-----------------|----------------|-----------------|-------------|--------------|----------------|
| 1 | Blackcurrant | 13 | 78 | 4.8 | 3.3 | 0.02 | 1.5 | 11.6 | 7.8 | 7.7 | 6.3 | 0.6 | 0 | 0 |
| 2 | Cappuccino clues | 13 | 78 | 4.8 | 3.3 | 0.01 | 1.2 | 10 | 7.9 | 7.8 | 6.4 | 0.8 | 0 | 0 |
| 3 | Strawberry | 14 | 58 | 2.6 | 1.5 | 0.01 | 1 | 6.4 | 8.2 | 8 | 6.2 | 0.5 | 0 | 0 |
| 4 | Cashew Marzipan | 13 | 71 | 4.2 | 1.8 | 0 | 0 | 0.7 | 7.3 | 6.7 | 5 | 1 | 0 | 0 |
| 5 | Milk Gnache Twists | 13 | 72 | 5.2 | 3.2 | 0 | 6.7 | 4 | 5.6 | 5.2 | 4.4 | 0.6 | 0 | 0 |
| 6 | almond marzipan | 14 | 78 | 4.9 | 1.7 | 0.01 | 1 | 6.9 | 7.2 | 6.7 | 5.3 | 1.4 | 0 | 0 |
| 7 | almond marzipan | 13 | 73 | 4.6 | 1.6 | 0 | 0 | 1 | 6.8 | 5.9 | 5 | 1.1 | 0 | 0 |
| 8 | Dark chocolate Fudge | 14 | 77 | 5.6 | 3.4 | 0 | 6 | 1.5 | 6.2 | 5.5 | 4.9 | 0.6 | 0 | 0 |
| 9 | Milk Gnache secret | 13 | 72 | 5.2 | 3 | 0.02 | 7.7 | 9.5 | 5.5 | 5.4 | 4.2 | 0.8 | 0 | 0 |
| 10 | almond cranberry | 14 | 76 | 4.8 | 2.6 | 0 | 0.1 | 0.5 | 7.5 | 6.5 | 5 | 0.8 | 0 | 0 |
| 11 | Almond & cashew | 14 | 86 | 5.7 | 2.7 | 0.02 | 1.8 | 10.4 | 7.3 | 6.9 | 5 | 1.4 | 0 | 0 |
| 12 | Blackcurrant Cranberry | 12 | 62 | 3.5 | 2 | 0.02 | 1.4 | 8.2 | 7 | 6.7 | 4 | 0.7 | 0 | 0 |

| Allergen advice - Chocolates | | | | | | | |
|------------------------------|-----------------------------|------|------|-----------|-----|--------------|---------|
| Sl.no | Chocolate | Eggs | Milk | Tree Nuts | Soy | Wheat Gluten | Peanuts |
| 1 | Blackcurrant | | X | | X | | |
| 2 | Cappuccino Clues | | X | | X | | |
| 3 | Strawberry | | X | | X | | |
| 4 | Cashew Marzipan Discoveries | | X | X | X | | |
| 5 | Milk Gnache Twist | | X | | X | | |
| 6 | almond marzipan breeze | | X | X | X | | |
| 7 | almond marzipan surprise | | | X | X | | |
| 8 | Dark chocolate Fantasy | | X | | X | | |
| 9 | Milk Gnache secret | | X | | X | | |
| 10 | almond cranberry epic | | | X | X | | |
| 11 | Almond & cashew Crunch | | X | X | X | | |
| 12 | Blackcurrant Cranberry Lush | | X | | X | | |

* 'X' indicates the item contains that particular allergen.